

HOUSEHOLD GOODS

Option 1: Generic

- Lower quality items and possibly lower quantity
- Purchased from a value store (ex: Dollar Tree, Dollar General)

Single: \$24

Married: \$48

Single with Child: \$36

Married with Child: \$60

Option 2: Mix of Generic and Name Brand

- Mix of item quality
- Purchased from a big box store (ex: Walmart, Target)

Single: \$50

Married: \$100

Single with Child: \$75

Married with Child: \$125

Option 3: All Name Brand

- Highest quality items, some organic or natural items
- Purchased from big box or online retailers (ex: Walmart, Target, Grove)

Single: \$126

Married: \$252

Single with Child: \$189

Married with Child: \$315



FOOD

**Active Duty Military Personnel pay \$0 for Food Plan Options 1-3
(Meal Service not included)**

Option #1: Basic Plan

- Bargain shop for necessities only. Usually stop at a variety of stores for the best deals (ex: Walmart, Aldi, etc.)

Single: \$275

Single with Child: \$412

Married: \$550

Married with Child: \$687

Option #2: Comprehensive Plan

- Good variety of food including fresh meat, produce, snacks and pantry fillers
- Purchased from a grocery store (ex: Hyvee, Cub, Festival)

Single: \$544

Single with Child: \$816

Married: \$1,088

Married with Child: \$1,360

Option 3: Organic

- Everything organic no matter the price
- Purchased from a grocery store (ex: Trader Joe's, Whole Foods)

Single: \$788

Single with Child: \$1,183

Married: \$1,577

Married with Child: \$1,971

Option 4: Meal Service

- Get all groceries for a daily breakfast, lunch and dinner from subscription boxes delivered weekly
- Purchased from a meal delivery service (ex: Hello Fresh, Brave)

Single: \$714

Single with Child: \$1,071

Married: \$1,429

Married with Child: \$1,786

